Brazilian Dance and Music

Professor Juliana Azoubel

Universidade Federal de Minas Gerais

This workshop explores the transformative power of Brazilian music and dance. Participants will be motivated to learn and perform traditional Brazilian dance styles known by their possibilities of social engagement and individual freedom. Singing and rythimic exercises will be used to engage participants in a process of integration between music, dance and their own life histories. These practices may be used as a healing tool for various populations.